

Maryland SHIP "Health Action" Newsletter

November 8, 2013

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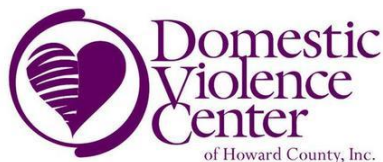
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Howard County Introduces Hospital-Based Domestic Violence Program



With 32% of domestic violence victims in Maryland seeking assistance at hospitals, Howard County is expanding services through a hospital-based domestic violence program at

Howard County General Hospital. The hospital has partnered with the Domestic Violence Center of Howard County to provide training to nurses and other providers in the hospital's emergency department, labor and delivery unit, and maternal-child unit. The domestic violence coordinator at the hospital will work closely with the Domestic Violence Center of Howard County to offer referrals and follow-ups to ensure that clients are accessing available resources and services.

Click [here](#) for more information.

Click [here](#) for more information about domestic violence prevention efforts in Howard County.

View the [SHIP measure](#) and [tools](#) for reducing domestic violence.

St. Mary's County Offers Breast Cancer Screenings for Uninsured Women



Breast cancer is the second leading cause of death for women in the U.S., with over 200,000 diagnosed every year. Between the years 2005 and 2009, 120 out of every 100,000 women were diagnosed with breast cancer in St. Mary's County.

The Pink Ribbon Project, administered by MedStar St. Mary's Hospital and the St. Mary's County health department, was established to assure that all women have access to mammography services, whether they have insurance or not. With the support of a \$75,000 grant from Susan G. Komen, The Pink Ribbon Project has provided free breast exams, mammograms, sonograms and surgical consultations to eligible women in St. Mary's, Charles and Calvert Counties.

Click [here](#) to learn more about the Pink Ribbon Project.

View the [SHIP measure](#) and [tools](#) for reducing the overall cancer death rate.

Days of Taste Program Encourages Children to Eat Healthy



With childhood obesity on the rise, schools in Baltimore City, Baltimore County and Howard County are participating in the Days of Taste program to teach children the importance of eating healthy. Days of Taste is a free, interactive program for fourth and fifth grade students developed by the American Institute of Wine and Food. The three-day course teaches children to build a food and nutrition vocabulary, shows them to use all five senses to taste differences in food, takes them to a farm to show them where food comes from, and shows them how to make a healthy meal. The program serves as a tool for the reduction of childhood obesity rates in Maryland through the collaboration of dedicated chefs, food professionals, farmers and teachers to guide elementary school children through an exploration of food and nutrition.

Click [here](#) for more information about the Days of Taste Program.

View the [SHIP measure](#) and [tools](#) for reducing the percentage of children and adolescents who are obese.

Action for Healthy Kids Hosts School Breakfast Summit



Join the MD/DC/VA Tri-State Action for Healthy Kids School Breakfast Summit for Parents and Community Leaders on Tuesday, November 19 from 9:00 a.m. to 11:30 a.m. at the USDA, National Agricultural Library, 10301 Baltimore Avenue, Beltsville, MD 20705. Enjoy a free, healthy breakfast and presentations from local school breakfast experts including an overview of school breakfast policies and implementation strategies, updates from local advocacy groups, and a call to action to encourage parent and community engagement in the universal school breakfast model.

Click [here](#) for more information and to register.

View the [SHIP measure](#) and [tools](#) for increasing access to healthy food.

News from the Office of Primary Care Access

UM Shore Medical Center at Chestertown Announces Arrival of Advanced Diagnostic Services for Women

The incidence of breast cancer in Kent County is over 25% higher than the national rate. With the opening of the Eleanor and Ethel Leh Women's Center at University of Maryland Shore Medical Center at Chestertown, women in Kent County and neighboring areas have access to the latest diagnostic equipment used to detect breast cancer. The medical center's radiology department performs an average of 3,523 screening and diagnostic mammograms annually. In 2010, nearly 13% of those studies had suspicious findings and 30% were found to be breast cancer.

Click [here](#) for more information.

Rural Healthy People 2020 Webinar

On Wednesday, November 13, 2013, at 5:00 p.m. ET., the Southwest Rural Health Research Center and the Florida Blue Center for Rural Health Research and Policy will host the Rural Healthy People 2020 webinar. The webinar will discuss findings from a national survey of over 1,200 rural stakeholders from across the U.S. to determine the most important Healthy People 2020 priority areas for rural communities.

Click [here](#) for more information and to register.